



**KIREDDY BALI REDDY COLLEGE OF ENGINEERING (AUTONOMOUS)**

L.B.Reddy Nagar, Mylavaram – 521 230, Krishna Dt.,Andhra Pradesh

Affiliated to JNTUK, Kakinada & Approved by AICTE New Delhi  
and NAAC Accredited, Certified by ISO 9001:2015, <http://www.lbrce.ac.in>

**DEPARTMENT OF MECHANICAL ENGINEERING**

A.Y:2014-15

Event : Guest Lecture

Title of Event : **Mantra for Life-management**

Date of the Event Organized : 27-12-2014

Resource Person : Mr.B.Satish Kumar and Mrs.Sandhya Chandrasekhar

Venue : EEE Seminar Hall

No. of Participants : 100

Faculty: 18

Students: 82

Report on Event:

- 1) ISHRAE Student chapter of LBRCE & Mechanical department organized a guest lecture on “**Mantra for Life-management**” on 27-12-2014.
- 2) Head of the department Dr.K.Appa Rao welcomed all the ISHRAE Student members and Faculty.
- 3) The chief guests for this event are Mr.R.V.S.S Prasad-National Vice-chair- ISHRAE Deccan Chapter, Mr.B.Satish kumar-President, ISHRAE Deccan Chapter, Mrs. Sandhya Chandrasekhar, Psychologist graced the event.
- 4) Chief guests Mr.R.V.S.S Prasad and B.satish Kumar explained the students about the various recent technologies available in HVAC sector .
- 5) Other guest Mrs. Sandhya Chandrasekhar, Psychologist explained students the following points
  - a) various steps to be followed for life management
  - b) Handling stresses in various issues
  - c) Handling stresses in Academics
  - d) How to relieve Tensions in daily life.

**Faculty Coordinators**

- 1) V.Dhanaraju, Sr Assistant Professor
- 2) A.Naresh Kumar, Assistant Professor

